

# MailOnline

## Michelle Mone shows off her slim figure after losing an incredible SIX STONE... by taking (her own) diet pills

By [Louisa Collington](#)

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Posing in a series of figure-hugging dresses, Michelle Mone seems delighted to show off her trim new physique.

Now looking almost as slender as the glamorous models she employs, the bra tycoon boasts she has lost an incredible six stone.

Naturally, however, the newly slim-line millionairess is not simply flaunting her weight-loss just for the sake it.



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**In great shape: Michelle Mone plans to model her own underwear range; She credits her weight-loss to Trimsecrets**

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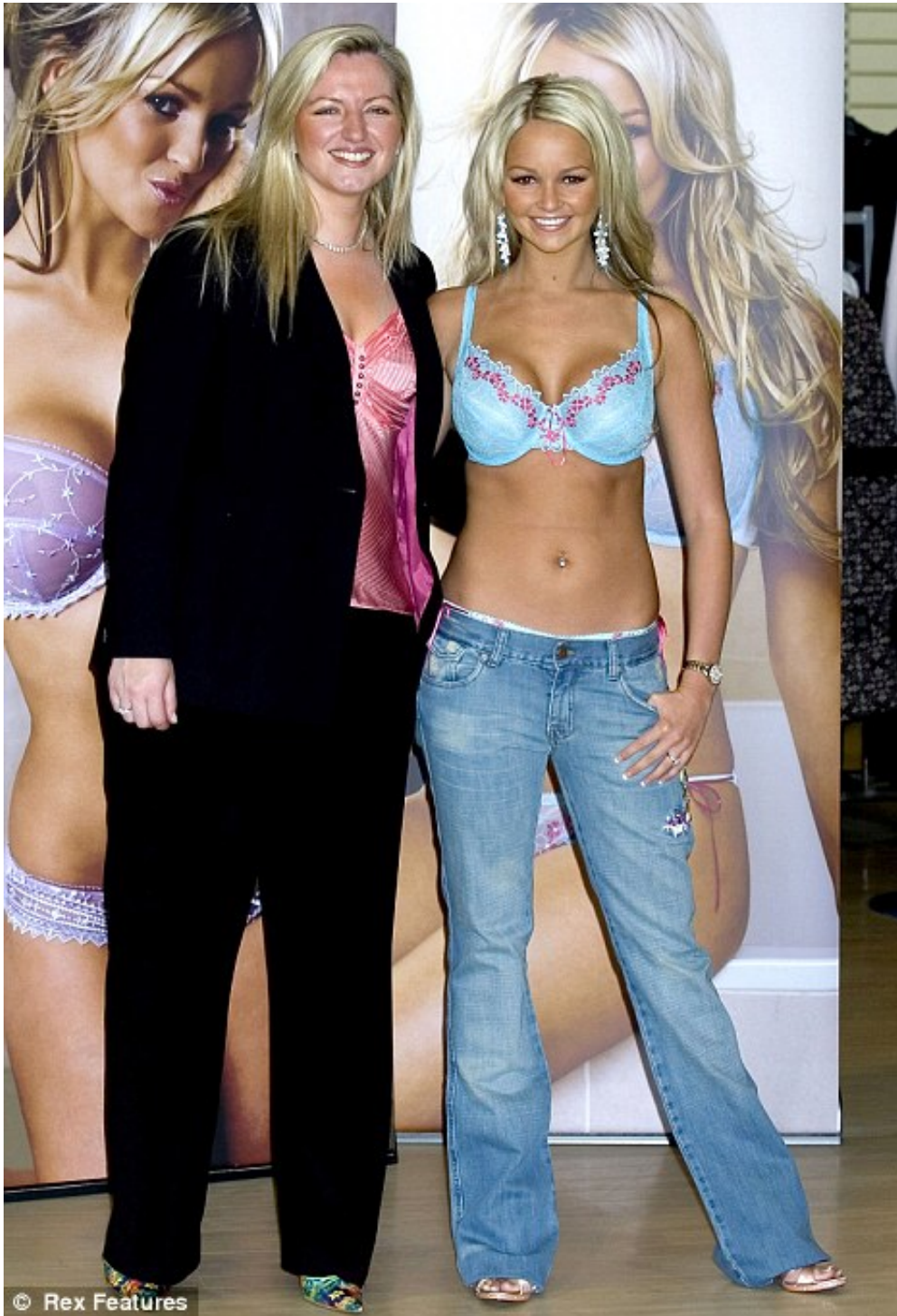
Ever the businesswoman, the 37-year-old has released these photos as a way of promoting her latest money-making venture.

The entrepreneur, who received an OBE for services to lingerie in the recent New Year Honours List, is launching a new range of slimming pills.

And even though an earlier brand of her tablets was condemned as useless by nutritionists, Mrs Mone is touting herself as the best example of what they can achieve.

A few years ago when her business was in trouble and her marriage was under pressure, she ballooned to a size 22 and weighed almost 18 stone.

Now, with her underwear empire back on track, she is a shadow of her former self - a size 12 who weighs just 11 stone.



**Self-conscious: In her bigger days, with Jennifer Ellison; at one point Michelle weighed 18 stone**

And - as far as her publicist is concerned - there is also no doubt about what has caused her significant slimming-down.

Her firm insisted that the elegant photos of the new-look Mrs Mone could only be published accompanied by a statement saying: 'Michelle owes her weight-loss to Trimsecrets, available from [www.trimsecrets.com](http://www.trimsecrets.com).'

Mrs Mone, left school in the East End of Glasgow aged 15, then founded MJM International in the 1990s.

Her Ultimo underwear has been modelled by such beauties as Penny Lancaster, Rachel Hunter, Mel B, Peaches Geldof, Helena Christensen and Jennifer Ellison.





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**Back to her best: At 37, Michelle is now a trim size 12**

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But Mrs Mone admitted that when her weight grew out of control, she felt 'desperate'.

She said: 'I'd go to photoshoots all the time and see gorgeous models in bras and knickers and they'd have beautiful bodies.

'I'd feel fat and ugly standing beside them.'

Then, a few years ago, she tried Trimsecrets, a herbal supplement devised by alternative health expert Jan De Vries, based in Troon in Ayrshire, which claims to suppress appetite.

Impressed, she decided to invest in the company.



**Embarrassed: With Jordan in 2005; Michelle says working with underwear models made her self-conscious**

One nutritionist warned they were no better than simple chalk pills while another said: 'There is no magic diet pill. We should be maintaining our body size through exercise – diet not drugs.'

Now Mrs Mone is launching a new 'double strength' version of the supplement.

Dismissing critics, she said last night: 'I don't see how they can say these things when you look at the amount of weight that I have lost.'

'I was fat for 10 years. Now all the time I get a kick out of feeling great. I really believe in Trimsecrets. I wouldn't put my name to it if I didn't.'

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Michelle has a lovely face and a great pair - now even more accentuated by her fantastic weightloss.

- Vee, MK, Bucks, 08/1/2010 10:22

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Whatever happened to Jennifer Ellison, she was stunningly beautiful!!

- Steve, London, 08/1/2010 10:19

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I love her dress! I have the same figure to show off!!! And I am 42!

- AM, London UK, 08/1/2010 10:18

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Michelle Mone's figure is so gorgeous, she should model the underwear herself.

- Harry Malden, Swindon England, 08/1/2010 10:16

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Sitting here in my size 16 trousers and big jumper, eating a crusty baguette smeared with butter and fresh lemon curd with a steaming mug of tea. Snow on the ground, heating turned up, stuff all diets. Those who want to take little pills, jog until their knees creak and live on lettuce can shove off and leave me alone. I need to reinforce my lagging with all this snow about.

- Bridget Price, London, 08/1/2010 10:11

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Wow! She was gorgeous anyway when big!

- emma ross, swansea, 08/1/2010 10:07

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